



fig 1.1

In addition to that, fig 1.1 shows the old Egyptian hieroglyph for word 'Ka' meaning "life force". This is almost exact position of hands described in step 1 of *Hexagradior* and not only there. Since this method of feeling or gathering life force appears from ancient Egypt to private grimoires and Rosicrucian monographs, it can be argued that either

someone at some point collected various "exercises" into a single volume - *Hexagradior*, or that pieces of some original text found their way into various occult volumes. These two, of course, are not the only possibilities. Still, the most important detail by far, is that it works. I am not aware that anyone tried *Hexagradior* exercises and had no result. That alone seems to be the best recommendation for this text.

Ether subtilis totius orbis
(Fine Ether of Entire Universe)

First of all things you must know that entire universe consists of and is emerged into a fine substance that is called "ETHER SUBTILIS TOTIUS ORBIS" or "Fine Ether of Entire Universe." Just like fishes are emerged into water and surrounded by it, and as we are emerged in the air and surrounded by the air we breathe, there is another finer substance that connects us all. All beings and all things in the existence are connected with each other by this fine ether. But it does not only surround us. It is within us as well, it is a part of us. Angels have seen us and our world in the moment of our creation, and they know what we are. They know we are more than just clay which came alive and that there is more to our world than human eyes can see. They gave us the knowledge about the magic and the ether. Matter contains ether and

we are made of matter. And magic works through this ether because it connects and binds us and nobody and nothing is exempt from this. In order to use magic, you must know how to work through ether. The ether will take your magic to its destination. Many people try some magic. Some have success, some nothing but failures. And even stranger yet, to some people magic succeeds once, and fails another time. No amount of repeating and casting of spells anew gives any result nor any reason why it does not succeed. Even those experienced in casting spells sometimes fail not knowing why. How is it that a skill of magic is so changeable, and succeeds for some and not for others? And how is it that even to same person it sometimes succeeds and sometimes not? It is because of a secret which only few know. There is no ear on this world which has not heard of the magic. Most people think that it is enough to simply speak secret words, and magic will happen by itself. Such people are confused when they learn some words or entire rituals, then speak them and nothing happens. They do not know that there is a secret. A knowledge which teaches how the spells are cast and without that knowledge, their magic is neither certain nor strong. Magic is carried by ether alone or by spirits and ether. But those who did not send their magic in the ether and did not make a call that spirits can hear and understand, they can not expect success in their magic operation. This is the knowledge you will learn here. Everyone can learn to feel and use the ether, but to some it comes naturally without even knowing they are using it. That is why their magic sometimes succeeds and sometimes fails. But you will soon know the secret which makes it succeed.

Everyone has a voice, but not everyone is a good singer. Same is with the ether. Anyone can feel it, but some will be better at feeling it and using it than others. Also, everyone can learn to sing more or less nicely. Yet, some people have natural talent and some do not. Same is with feeling and using ether and with it, the magic. Some will be more skilled at it than the others, even with the same amount of practice and learning. But rest assured it can be learned. Even though, this is not an easy task. If you go to a potter, and say: "Teach me how to do pottery," that will be easy. You can see and feel the clay you shape. All you need is some knowledge, and time to gather experience and perfect your skill. Potter can show you how to put a clay on the wheel and how to turn the wheel. You will see how he shapes clay with his fingers and then you will do the same with yours. If you want to be a blacksmith, it is easy because you can see the metal and see what and how to do with it. Yet ether is different. How can you feel it? And how to do something with it? To cast magic, you must use ether. To use anything,

you must be able to feel it in some way. Your first step therefore, is to learn to feel the ether. It can be felt. You will start feeling it with your hands. With that begins your first step. What follows is the knowledge such as our ancestors received it from the angels:

STEP 1

Haec ego non multis, sed tibi scribo: satis enim magnum alter alteri theatrum sumus.

(I write this not to many, but to you only, for you and I are surely enough of an audience for each other.)

Your first step is to learn how to feel the ether. Sit comfortably in a quiet room where you will not be disturbed. Your first step is to learn how to feel the ether. Therefore leave all the thoughts behind. Now you need to feel, not think. Also know that one of your hands will be able to feel ether better than the other one. This is how you will know which one :

If you were going to buy a new piece of clothing and merchant tells you: "Feel how fine this cloth is," one of your hands would reach out first, almost by itself. Whether it is your left or right hand, the hand that feels the matter better than the other one, and because of it reaches out by itself, will also always feel ether better than the other one. Also, just as you would not think about the cloth, but would feel it, so also do not think about ether, but learn how to feel it. Remember this because you will need it every time you use magic. Feel the fabric of the clothes you wear. Just as you do not think about it, but feel it, so also do not think about the ether, but feel it. You must feel and learn to leave your thoughts behind. Now you know which one of your hands will feel the ether better and you can start practicing.

As you sit, give all your attention to your palms. Clear away other thoughts. If you do not know how, and if many thoughts are coming to your mind, then in your mind do following: Think of your thoughts as of a room with candles. One candle for each thought that can not leave your mind. Stand in front of each candle being aware of what thought is behind that candle. Now blow the candle out and that thought will go out with it. Only pleasant twilight remains. And with each candle a thought goes out, twilight becomes more clear, and with last candle your mind is pleasant and clean.

As you sit, feel your palms as if you were expecting to touch some fine cloth with them. Now put your palms close together, one palm facing the other. Remember not to keep your palms unnaturally straight. It is natural that fingers are slightly bent forward. Palms should be almost as if you put your hands together in prayer, only some space left between them. The tips of your fingers should be apart as much as width of a thumb or two. As you hold the palms facing each other close, hold them so with as little effort as possible. You can rest them at the table or at your knees or at the sides of a chair. Hold them like this and feel them. After a while you will feel as if your palms are pushing away from each other. Your journey has now begun. You may also feel that palms attract each other instead. Some also feel palms pushing and attracting each other in a rhythm. Perhaps you think that this pushing and attracting is only the heart's pulse you feel? It can't be. It is too slow. Put your finger on your wrist to feel your heart's pulse and you will see that heart beats are faster. Perhaps you will think that this is your breathing somehow being felt in your palms. And indeed, you might feel that the pushing and attracting follow the same rhythm as your breathing. But if you stop your breath you will see that after a moment of waiting in hesitation, this pushing and attracting is continuing even though you still hold your breath. It is not a heart beat nor the breathing you feel. It is something else. And you will learn about it further.

Continue to hold your hands facing one another and feel this push. For a while just relax in your seat and feel this. Do not move on to a next step until you have spent enough time feeling this. After a while, you will feel that this feeling is starting to appear not only on your palms but outside them as well. Most commonly it first starts to be felt on the back of your hands as well. Let it spread. Feel it with as much of your body as you can. Your finger tips will feel it best, but you will also be able to feel it with the rest of your body. You can come back to this first step as often as you like. Practice this often. The better you feel the ether the better your abilities in magic will be. After a while you will be able to feel yourself completely emerged into ether. You will feel it surround you. Without achieving this you will never be fully ready and able to master all the skills that this book can teach you. But to continue with your learning and to pass on to the second step, all you need to wait for is to feel the ether outside of your palms. Then you will be ready to move on to the next step. Do not hurry. You will fool no one other but your self.

Keep in your mind that you must rest often and not exercise too much in the beginning. When you are just getting your first taste of this skill, are you better advised to keep your practices short. It is a mistake to practice any of the skills from this book too much in the beginning. You have never used your etheric body before. Just like a child had little time to grow and develop its strength, so your etheric body has never been used before and needs time to grow slowly at first and after a certain time it can be used more often. It is a mistake to get carried away in the beginning and practice too much. Once you have tasted the ether around you and felt the entire new sense that you have never tasted before, it is understandable that you will not want to stop until you feel all that there is to feel and know all that there is to know. Despite that wish, you must control yourself. If you strain your eyes by reading for too long they will tire and will need rest. So too your new sense will need to rest. Especially when you are just beginning. If you practice too much in the beginning then your new sense will seem to go away and you will be wrongly discouraged. Still, you will quickly become able to feel the ether with more than just your palms.

STEP 2

Omnia mutantur, nihil interit

(All changes, nothing disappears)

In your second step you will learn that ether feels different around different things and beings. When you have felt that this feeling of pushing is appearing fully in your palms and also outside your palms, such as on the back of your hands for example, this shows that you can now feel the ether good enough to continue. Prepare one object of metal. A coin or a nail will be good. You will later also need a candle and a glass of water, but for now any metal object would be good. Sit comfortably and feel the push in your hands again. As you feel this push, note what you feel within the push. Not only the feeling of pushing itself, but feeling within the feeling.

If you were holding a piece of silk, brocade or canvas, they would all feel different. They all have their weight on your palm, but you would notice that they do not weigh the same nor do they feel the same to the touch. You feel the touch, but you also feel that they have a different touch. So also the ether doesn't feel the same everywhere around everything. After holding your hands facing one another, put one metal

object such as coin or a nail on a table and put one of your hands over a coin or a nail. Feel the ether around it for a while. Note what you feel inside the feeling of pushing or attraction. It feels different from what you have felt over your hand. Feel it well. Now slide your hand over the coin to the side and then again over the coin to the other side. Repeat this few times. You should feel when your fingers are passing above the coin.

Now feel the water and then the flame. Keep your hand away from candle flame so that you can just barely feel the gentle heat. You will feel that ether around metal, water and flame feels different. And also very different from your palm. If you have a companion in learning, put your hands close and feel each other's ether. If you don't have a companion in learning, then pet your dog or a cat and feel the ether around them. Animal will appreciate the attention, and you will learn and feel for yourself that ether feels alive around anything that is alive.

Ether feels different around various things and different people. With time you will be able to feel people's ether just by passing by them or near them. The ether around each person is different. The ether around your clothes and your personal things that were near you for a long time also feels like you and with time you will be able to take some object or piece of clothing and feel it's owner by it. Just as the ether around coin feels different from the ether around your hand, so also the ether around each person feels different. If you have a learning companion, feel it. Feel the ether around your hand and then around your companions' hand. The difference in ether between people is finer than the difference you felt between your living ether and the still ether of the metal, but with time you will learn to feel it easily. Even in your first try you should feel easily that your ether feels different than the ether of your companion. Everyone has heard that witches use someone's personal belonging to cast a spell on that person. Now you know and feel why. And now you know why some secrets are unpronounceable. How can you say to anyone what you now know? How do you explain in words something that there are no words for? And even if you trouble yourself with explaining to common people how you felt something around a coin, something they never felt nor know the word for, even then, those are only words. What would you say? If you just say "I felt something around the coin," that would be a useless waste of words. Only feeling it for yourself gives you a full understanding. Your listener will hold you insane when you talk about feeling something around a coin and then compare it to human beings.

Only those who feel it themselves will understand you. And what you know now is only a beginning. You will feel much more of things that can not be explained to someone who has never felt them. Your spirit is slowly leaving the world of humans. This is not the knowledge for everyone. Embrace it and share it with only a few once you master it. It will never leave you completely even if you decide to leave it behind you.

Feel again the ether around the metal, water, wood, cloth, and then feel it around your hand, that of your companion or around an animal. Non-living objects have ether that feels still. Ether around living creatures is not still. It feels alive and vibrant. It feels like putting your hand in a river. Perhaps you heard of some occultists talking about feeling vibrations. Now you will know what they mean. Be well acquainted with this different feel of ether around various objects. Feel it around wood, metal, stone, water, and then around animals and plants. If your ability to feel seems to fade and disappear, you only have to rest for a while and then put your hands close to each other again and repeat what you have learned in your first step. When you feel that your ability to feel is restored, then try again. Once you have felt the ether, this ability will never leave you. It will be like an amber which never goes out.

STEP 3

Mens agitat molem (Mind moves matter)

The third step takes you through the ether and teaches you to find and feel objects just by using the ether. When you can easily pass your hand over the coin that you practiced with, and feel it as a metal, then you are ready to continue. Your next step takes you deeper into your new sense of ether. Now you will learn how to sharpen your feel for the ether. Your ability to feel and use the ether will strengthen, and become able to influence things and beings. For some it will grow so strong that they will become able to even move things by mind alone. Just as a hand can touch and feel things, but can also move them, so etheric body can strengthen and become able to influence ether and not just feel it. Just as with all skills and knowledges, these abilities will not be the same nor equally strong for everyone. Only some artists gain reputation of a master artist. Only some seekers find all they seek. Nothing comes

without effort. To strengthen your abilities, this is the path for you to follow:

Your next step is to learn how to find objects just by feeling them through ether. That ability will strengthen with time and practice. You will become able to influence other humans by magic.

Take a coin and a sheet of paper or a cloth. Cover the coin with a paper or a cloth so that you can not see it. Now feel the coin through the cover. When you feel it well, close your eyes, and feel it only with your new sense. Now move your hand slowly away from it and then over it again. Find a coin only by feeling its ether. If you have a companion, let your companion move the coin from its spot and you find it only by passing your hand over the cloth and feeling the ether around the coin. If you are learning alone, then place a coin on a table without watching. Then place cover over it and then try to find it. You will again notice a value of having a companion with whom to learn and practice. If you are learning alone it will be more difficult to move coin from one place under the cloth to the other without knowing where it is now. When you yourself move the coin you will know at least whether you moved it to the left or to the right and so you know where to search. Only when you have someone to learn with, this can be done properly because while you are looking away, your companion can move the coin under the cloth and then you can try finding it without knowing where it is. Then you really search with your new sense alone.

STEP 4

In spiritu et in veritate
(In spirit and in truth)

The fourth step will teach you how to influence and not only feel the ether, matter and beings. When you are able to find the coin and feel it through the cloth or paper, then you are ready to start your fourth step. Always keep in mind that everyone and everything consists of more than just the physical body. The bodies that everyone knows and sees are made of matter, but you know by now that each body, whether of a living being or that of objects is surrounded by a body of ether. For each piece of stone, metal, wood or flesh there is an amount of ether in it and around it. Whatever happens to this etheric body, it will also happen to its physical body. The spirit touches into ether and shapes it,

and the matter follows it. Whatever your or some other spirit does to the ether of someone or something, the physical body belonging to that ether will follow. You have by now learned how to feel the ether. Your next step is to learn how to influence it. This is how you will learn it:

Sit comfortably and feel the ether around you. Not only around your hands, but around your entire body. This is important. You should feel completely emerged into ether. When you can feel it, then recall some time when you were happy. Give all your attention to this feeling of happiness. Do not pay attention to the moment or place or your happiness, nor to the reason why you were happy. Just feel with all your mind that what you felt in that moment, that what is called happiness. When your mind is firmly set on it, feel that happiness with your ether and inside the ether. Feel ether with as much of your body as you are able to, and feel that feeling of happiness inside the ether. Just as the rest of the steps, this is something you can practice often. This will shortly make you invigorated and happy.

Remember that a skill that is of outmost importance for your ability in magic is to become able to set your mind firmly on one thought, one feeling, or one intent. Once you set your mind on something, it must stand firm like a mountain on that thought. Another skill equal in importance to it, is that once you feel what you intend to feel and when your mind is firmly set on it, then feel it in the ether. When you feel it in the ether, your spirit brings intent and guidance into the ether and by that shapes it. Your will moves the spirit, spirit influences the ether and ether influences the matter. From your will, through your spirit and then in truth, into the material world. Practice this step often and with devotion, and the success will not evade you. Above all remember that ether has no mind of it's own. It will do as the living spirit, yours or that of someone else guides it.

To advance your abilities you should also be able to add more strength to what you feel. And this is how you will learn it: Light a candle and sit comfortably in front of it. Put your hands in front of it or at the sides of it, whichever way feels more comfortable to you. Keep your hand at such a distance that you only feel a very gentle heat. For a while just feel the ether around the candle. Especially that what makes the ether of the flame recognizable as flame.

Just as you can feel the difference between a coin and a candle flame, now give your full attention to that what is special in the candle flame. The ether of the fire. Be careful. This is not like the previous lesson

with the feeling the happiness where it was safe to feel it inside and outside of yourself. This is different. Feel the flame only outside of yourself. You will realize later that learning this skill of feeling ether only outside of yourself and keeping it separate from ether in yourself is very valuable for the spells of attacking and casting of harmful magic.

Knowing this, as you feel the ether of the flame, feel more of it. Add the feeling of growth to it. Feel it also around the flame and feel it stronger and stronger. Add the feeling of growth and growing strength into the ether of the flame. Push new ether into the flame so that fire can feed on it. Remember that ether is everywhere around you and it has no mind of it's own. It will listen to you and shape itself as you direct it.

Direct it to add itself into flame and make it grow. You just have to learn how to do it. Just feel more and more ether around the candle flame turning from motionless ether into the flame ether. By feeling what you want the ether to do, you direct it and guide it. If your candle flame shows signs of growing or becoming longer or brighter at moments, then you are doing good. It can also help that you move hands towards the candle to help your feeling of pushing the flame ether you created into the flame.

You can also prepare a glass of water. Then feel the ether of the water and then feel that in the candle flame. This time the results are obvious and then feel that in the candle flame. This time the results are obvious if flame becomes darker or smaller at times.

The value of these two lessons is not only to practice to add strength to your ability to feel whatever you intend to, but also to control it. You must be able to control what you feel and where in the ether you direct it and feel it. Many people have heard and many magicians have felt for themselves that a magic spell can come back to the one who has sent it and harm the sender instead of the one that it was intended to harm. When you master this skill of feeling what you intend to feel and wherever in the ether you intend to feel it, you will never have to be afraid of your own spell returning to harm you.

STEP 5

Nox praesidium nostri (Night (is) our protection)

In your fifth step you will learn how to feel spirits and communicate with spirits. When you have learned to feel what you intend to feel and where in the ether you want to feel it, and when you have caused changes in the candle flame, then you are ready to proceed into the world of spirits and to practice finer influence. Do remember that night is the time for the spirits and that night brings your magic to life stronger than the day. Light of day disturbs spirits and they avoid it. They are weaker in the light. That is why you should always cast magic in the dark and summon spirits in the night time. Light disturbs the ether and with that magic and spirits. Night is our friend.

Also know that spirits have no tongue with which to speak nor throat to make any sort of sound with. When you summon a spirit, your human words will mean nothing to a creature in the world without physical bodies and sounds. How will you talk with someone without using words or sounds? How will you explain who you are and what you are looking for in the world without sounds and words? You will speak with your thoughts. Because spirits communicate with thoughts alone. But do not think that just repeating the words in your mind will be fruitful. Whether spoken aloud or just in thought, words alone mean little to the spirit. The thoughts themselves tell everything. Intentions and emotions speak to the spirits, and not the words that describe them. Remember that when you speak in your everyday life, you first think what you will say, and then you find words to explain what you feel and think. With spirits you don't have to use words to explain. Just put your thoughts into the ether and spirits will understand. Some of your thoughts can be felt in the ether around you even if you don't intend it nor want it. Everyone decides for himself how far he wants to explore these skills. If your ability advances enough and your sense of ether becomes sharp enough you will be able to feel around every man or animal what they are like. Hateful, angry, playful or loving. It can all be felt. And be sure that spirits feel it too. Leave behind every hope that you can lie to them and pretend that you are what you are not. Thoughts are their language.

That is why you must be able to have clear control of your mind. In the world of spirits words mean little. You can not, like you can in the human world, say one thing and think another. In human world, when

you know what you want to say, you choose words for it and pronounce them. In world of spirits, it is different. When you know what you want to explain or ask of spirit, take your thought or intention and place it into the ether, just like you did with the feeling of happiness in your practice. In this way the thought is not only in your mind but when you place into the ether you share it. Then the spirit can understand it. Thus there is no need for words. Take your thoughts into the ether and they will feel them. To make yourself better prepared, think for a while how would you explain something to someone who can not hear you nor read anything you write, but can be in your thoughts.

How would you explain who you are and what your intentions are? If someone has wronged you, and you are explaining it to someone who can not hear you, nor read anything you write, but can enter your thoughts, how would you explain it?

Just relive in your thoughts what you lived through, or at least the key moments of it, and what your intentions and feelings now are, and then your thoughts will be spirit's thoughts too, and he will understand. When he feels what was done to you and feels what you have felt in that moment, you will gain an ally. And how many more will remember their time on earth and remember time they were wronged in a similar way? Now your enemy will have thousand more enemies sending a curse on him from beyond the grave. What better ally can you wish for than the one who can feel and see exactly what you feel a similar way? Now your enemy will have thousand more enemies sending a curse on him from beyond the grave. What better ally can you wish for than the one who can feel and see exactly what you feel and think even if you don't say a word? And if you want to attract love of someone and you send that thought in the ether while you are pronouncing your magic spell, how many spirits will remember their time on earth and the time when they loved? And when numberless spirits in numberless voices repeat the words of the spell with you, such force can take away any heart. With any spell you use, whether good or harmful, just do as described above, and success will follow you. But to be able to do this, you must be able to summon spirits, to take their attention, and communicate by thoughts. This is the key to understanding how you will communicate both with spirits and with your fellow magicians if needed.

This is how you will strengthen your abilities to communicate: Prepare 3 blank papers. On one paper make a circle, on the other a line and on the third one a star. Take one of the papers and look at the symbol on it. As you hold it in your hand, feel that symbol in the ether of that paper, put that image in the ether. Feel it well. In your mind see only paper

and the symbol and feel what you see in the ether of that paper. In entire ether in and around the paper. It is best if you put the paper in one palm and then place another palm above it. You can also in your mind follow the shape of the symbol. For the circle let your attention follow the circle across the paper while feeling all what you are looking at in the ether. Do this for several minutes and then repeat the same for the two other papers with symbols. When you are done with all three place them on the table with symbols turned to the table so that you can not see what is on what paper. Now choose one of the papers and put your hand over it and feel it's ether. As you are feeling the ether, in your mind think of nothing but whiteness. Think of a white wall or a clean white paper. As you are feeling the ether of the paper you will slowly begin to see a symbol in the whiteness. Wait for a while until you are sure which symbol it is and then check by turning the paper on the table. Keep practicing this. As your skill improves, you can add in more papers with more symbols.

It is up to you to decide how well you want to learn the skill of reading people's minds and talking with spirits about past present and future, but do remember that this is how it is achieved. In your mind look at the clean white paper or a clean white wall. Then the events and symbols will start appearing. When it begins, leave yourself to it without fear or any resistance. It will show you what you want to know. There are people who find it better to prepare a bowl filled with water and then look into a bowl of water. It is best if you try yourself and see what suits you better.

If you have a companion with whom to learn, then you also have the advantage of learning to communicate mind to mind. Sit or stand one in front of the other. Let your companion choose one paper out of the three so that you do not know which symbol is on the chosen paper. Now he should look at the paper and think only of that paper and what is on it. Paper can be now placed away. The only thing important is that he thinks of what is on the paper. If it is a paper with a circle, then he should think only of the whiteness with a clear circle on it. He must be able to clear his mind of all else. All his thoughts melt into one. The whiteness with the chosen symbol. Now put your hands close to feel each other's ether and you, not knowing what is on the paper, should now feel the ether of your companion. In your mind see whiteness, as if you were looking at the clear white paper. Think of nothing else, just the clean white paper. Now feel the ether of your companion well. As you keep looking at the white paper in your mind, and keep feeling the ether of your companion, an image will slowly start to form. An image

of the symbol your companion saw on that paper. Make no more than two attempts with two different symbols and then change rolls. You choose a paper and let your companion see it in your mind.

Remember that success will depend on both of you. One of you creates the image of the symbol in his mind and the other reads it. With time your skill will grow and advance. You will become able to feel the images more easily and more clear. Then you can practice more than two times. Remember what was said before. It is a mistake to practice too much in the beginning. Later, when your skill strengthens, you can practice more. When you begin to feel tired, then it is time to rest.

With time you can also use colors instead of the symbols. Simply put a colored spot on a paper instead of a symbol. When you master that you can try different words and numbers. It is up to you to determine how skilled you want to become in this. If you have a companion in learning, you may also advance your skills like this: Use no paper. Your companion can choose any word in his mind and think of it, and you feel his ether and read what word he thinks of. When you have only 3 symbols to choose from and differ from them, it is easier to recognize. But when your reading ability becomes sharp, you can then practice to read any word. Let your companion think of any word whatsoever, and you try to read it. Then change rolls. If you have a companion to learn with, you will see how valuable you are to each other. These skills can be practiced and advanced as much as you like. If you wish to communicate with spirits and to understand what they are telling you about past, present and future, then you will need these skills above all. To call spirits to assist you in your magic, it is enough that you know how to send your thoughts and intentions to them. Knowing that, you are able to call them and communicate with them. Armed with this skill you can proceed.

Inde ira et lacrimae
(Hence wrath and tears)

The following skill will teach you how to feel the ether and the spirit of the living beings who are away from you. To attack and harm your enemies you must feel their ether, and you will not always be able to take some of their belongings to feel their ether from there. This is how you can practice:

Turn back to your companion and let your companion look at any object in the room without telling you what is he looking at. Also, he should not send his thought of this object into ether, but just look at it. At the same time, you in your mind think of the face of your companion. Think of everything that helps you to deepen your thoughts of him. Think of him and nothing else. If many thoughts come to your mind, then this is how you can melt all your thoughts into the thought about your companion: If for example your mind thinks of some problem that you have, then simply think: "I wonder if my companion has such problems." If you think of some place, then think: "I wonder if my companion has been there." In such ways you can make all your thoughts melt into thought of any person you choose. This time all your thoughts must rest on your companion. Then, while you think of your companion, feel the ether. This will put your ether in touch with his even if he is not sending his thoughts into ether. Now try to see what he is thinking about.

In the beginning, when you are just starting this practice, you can arrange that he can only choose one of three prepared things to look at. Choose for example a book, a candle and a nail. This way it will be easier for you to recognize what is the image you see through his eyes. Then after a while you can increase the number of prepared things he can choose to look at. Remember that you can only see what another living being sees. Many magicians keep cats or other animals. They can be your eyes and ears. But bare in mind that it is harder to see clear what an animal sees than what a human sees. Also remember that in this way you can see past, present and future. Whatever human eyes have seen before or will see in the future, you can see it in this way.

There are many seers in the world who can see into past and future. Some of them know what people have been saying on the way to them and who have they been traveling with. It is said that one man wanted to test one seer and took 7 grains of wheat from the sack and asked: "How many grains do I hold." And the seer replied: "You hold seven grains." Then the man took a fist full of grain without counting and asked: "And how many do I hold now." This time the seer said: "I do not know." Man asked: "How is it that you know how many grains I hold when I count them, and when I do not count them then you do not know?" The seer replied: "When you were counting, your shaitan counted with you. He told my shaitan and he told me. When you were not counting, then your shaitan was not counting either."

This lore can help you to always remember that you can only see what some other living being sees or has seen. You can not see what no spirit or living being sees, nor know what no spirit or no living being knows. With that in mind, remember also that spirits and you may not call the same things and beings by the same names. When you were a child you called your parents mother and father. But the neighbors called them by their names and not mother and father. If you see some king, you think of him as a king, but he is also a child to his parents and a father to his children.

Bare this in mind if you ever must send magic on someone whose name you do not know. Many do not know how to feel the ether and send a spell on someone whose name you do not know. But there is a secret about it. You can give name to whomever you want and use that name to cast a spell on them. There is another secret inside it. When you are giving a name to your enemy, as part of that name call him beautiful or healthy or similar good things. Feel for yourself why. Do this:

Feel the ether that surrounds you. Then bring in your mind an image of some enemy of yours. Think of him for a moment. Now call him "beautiful eyes" in your mind. Feel how the ether moved and felt poisonous in that moment. And this poison grabs into the ether of that enemy of yours. When you hate someone and flatter him, it poisons the ether and this poison rushes into such person just like the stone thrown in the air rushes back to the ground. That is a secret of "evil eyes." Every time you curse an enemy, give him a flattering name.

Baring all this in mind, continue exercising with your companion. You do not need to be able to see what someone sees to cast a spell on him. Practicing this just teaches you how to feel them from afar. When you feel the ether of your enemy that is enough to send a spell. If with time and practice you become so skilled that in your practice you can see what your companion sees, then your skills are very strong and your enemies are helpless. Once you feel their ether and then attack it, you will feel how intoxicating it can be to feel your wrath mixed with the tears of your enemies.

STEP 6

Bivium virtutis et vitii

(The crossroads of virtue and vice)

Now you know what path to follow to become skillful in magic. After walking that path your next step is the contact with spirits. In your final step, remember the knowledge which you should keep in mind when summoning spirits.

To most people the first thought when they enter the world of the spirits is fear. At least in the beginning. You do not have to fear. With time you will learn that among them you are safer than among human beings.

There are many things to know about spirits and how to summon them, but keep in mind that they follow no law nor rule. Nothing is certain because they have a will of their own same as you and any other living being.

Bare in mind that some of them were once flesh and blood like you. But some were never born, but were created as spirits. Those who were once born as humans may understand what and why your heart wants better than the unborn ones. But not always. Many people of our skill made themselves friends among the unborn spirits and they were their better friends and allies than any born being.

Spirits will come when your thoughts and intentions are similar to theirs. Peaceful spirits will come if you call them with pleasant and calm feelings. But not always. Some of them seek solitude.

Ill minded and hateful spirits will come when your intentions are such as well. But not always. Some will come uncalled, some will not respond. If you called them to be your allies for revenge, then they will be valuable.

If ill minded and hateful spirits came by themselves, it is best to avoid them, and not fight. Do not make enemies unnecessarily. They are like rain. You can't make a rain go away. You just avoid it. It goes away after a while. Fight them only if you have no choice.

Some spirits are bound to some person, or place or object. Then they can be summoned more easily near that person, place or object. But not always. Some will not respond.

Spirits will come when called by name. But not always. Just as you may call upon any person to come, decision is theirs whether they will listen or not. They may be forced to come, if you threaten them by other spirits, but then beware of them. You will make yourself an enemy of them.

If a spirit is friendly, the first thought that he sends to you will be some feeling of calm and peace. If you feel a spirit near you, and feel anything else as a first thought, such spirit is not friendly to you. Sometimes it will be easy to know this because you will feel thoughts of a threat.

If a first thought you feel from a spirit feels like a question, then such spirit is not your friend. This is not always, but it is always a bad sign.

Summoning spirits to be your allies in a spell is easier than summoning them for no reason or to ask them questions. Feel for yourself what your spell will do and why. That alone will bring you allies in the world of spirits. Your best friends will be spirits who come to you freely and willingly.

With this knowledge there are many ways you can go. You alone choose which way you will take and what you will do with what you now know
